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No pain more gain, biophotonic therapy showing great results

Professor Paul Steven Nisticò has emphasised the excellent results from the use of laser therapy

No pain no gain? It is a hard truth; however advances in technology could make our life easier.

Dr. Paul Steven Nisticò works in Rome, Catanzaro and London. He is Professor at the University of Catanzaro and presently leading the Laser Research Group at Sidemast. He has been spending his whole career dealing with skin aging therapies and prevention, with a keen eye on phototherapy and laser therapy.

These treatments concern more specifically experimental and clinical dermatology, aesthetic and wellness medicine, sports medicine and rehabilitation and antiaging.

As regards their advances, Dr. Nisticò said: “Laser therapy, besides being very innovative, has shown excellent results thanks to research and new technologies. At present, new devices have been under development for therapy concerning different kind of diseases; lasers, already in use, has been changing, in order to be more secure, effective and be useful in many other disorders. The dermatologic lasers are useful for aesthetic purposes, such as devices for removal of benign pigmented lesions, hair removal, tattoo removal and patients resurfacing”.

Laser and sources of light represent new technological systems to selectively reach structures of the skin affected by pathologies and imperfections.

In that respect, Dr. Nisticò added: “Regarding sources of light, the latest news concerns “blue light” matching specific photoconverter gels. The so-called biophotonic therapy has given excellent results on tissue repair of skin ulcer, achieving remarkable outcomes in inflammatory diseases such as acne and rosacea. Also, collagen production was found to increase after just a few sessions keeping the treatment eligible for anti-aging researches”.

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