



SKIN MANIFESTATIONS OF INTERNAL DISEASE

A CASE OF UNDIAGNOSED ACROMEGALY

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Background : Acromegaly is a rare disorder with an incidence of 3-4 cases per million per year worldwide. It is caused by excessive growth hormone (GH) secretion, usually resulting from a benign GH-secreting pituitary adenoma. We report a case of a 72 year old man with an unnoticed, undiagnosed disorder since past 30 years

Observation : Patient presented with coarse facial features, deep seated furrows and supraorbital ridging over the forehead (frontal bossing), thickened skin over the eyelids causing mechanical ptosis, rhinophymatous nose, cutis verticis gyrata over the scalp, macroglossia with a protruding mandible, enlarged hands and feet, multiple joint pains and multiple pedunculate lesions over the face, neck and back. Investigations revealed growth hormone to be a 150 percent above normal levels and IGF-1 to be 1600 percent above the maximum normal range. Xray revealed an enlarged Sella turcica with prominent thickening of skull borders, prominent prognathism of mandible, cardiomegaly, and enlarged head pad thickness with tufting of fingers..

Keynote : We present this case to show the uncommon but distinct manifestations which have been missed clinically for years by other specialities leading to massive disfigurement and complications. And our non conventional approach to his management using T.cabergoline.

