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PSORIASIS

PALMOPLANTAR PUSTULOSIS WITH PYODERMA GANGRENOSUM WITH BEHCET'S DISEASE: A TRIPLE WHAMMY!!

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Introduction: Pyoderma gangrenosum, Behcets disease and Pustular psoriasis are common clinical presentations. However together association of these conditions in the same patient are extremely rare.

Case presentation: A 45 year old female patient, a housewife, was a known case of Behcet's disease on the basis of recurrent oral, genital ulcers and iridocyclitis and arthralgias and intermittent fever. She further developed large non healing ulcers on left arm, right knee and right foot with undermined edges. She was on intermittent NSAIDS for arthralgias. Further to that she developed acute onset of symmetrical pustular lesions on both palms and soles clinically suggestive of palmoplantar pustulosis which was confirmed on histopathology as pustular psoriasis.

Investigations: SGPT- 50 IU/L, SGOT- 70 IU/L. Creatinine- 2.7 mg/dl, Blood Urea- 55.0 mg/dl. Bilirubin (D)- 0.5 mg/dl. All her eruptions responded dramatically to methotrexate therapy.

Conclusion: Occurrence of Pustulosis and Pyoderma gangrenosum in a patient of Behcet's disease is a unique and extremely rare and interesting association.



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