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INFLAMMATORY SKIN DISEASES (OTHER THAN ATOPIC DERMATITIS & PSORIASIS)

NEKAM'S DISEASE FOLLOWING FIRE CRACKER INJURY: A RARE CASE REPORT

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Keratosis lichenoides chronica (KLC) also known as Nekam's disease is a rare mucocutaneous disorder, characterized clinically by asymptomatic or mildly pruritic violaceous keratotic papules arranged in linear, reticular or plaque form usually on the face mimicking seborrheic dermatitis, trunk , extremities and histologically by interface dermatitis. KLC affects patients of all ages, with a modest male predominance. Face involvement is described in two-thirds of patients. The disease is very rare with only 128 cases reported in the literature till date and very few are from India. Most of the reported cases had appeared de novo and a few were secondary to erythroderma, atypical sarcoidal granuloma, hypothyroidism, glomerulonephritis, lymphoproliferative disorders,porokeratotic histology, amyloidosis,prolonged exposure to infrared radiation and following trauma. We report a case of a 50 year-old man who presented with multiple hyperkeratotic papules over face, bilateral arm and right lower limb after exposure to fire cracker injury, which responded very well to systemic corticosteroid. Diagnosis was histologically confirmed. It is a very rare disease and its association with fire cracker injury has not been reported earlier.





