



GLOBAL SKIN HEALTH

HEALING THROUGH CONSCIOUSNESS IN DERMATOSES DIFFICULT TO TREAT – 11YEARS EXPERIENCE IN ASIAN SKIN

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Background: The skin reflects the health of every person. This is the underlying reason for our concern with how we appear. So when a skin disorder does not remain clear after treatment by the Dermatologists, it is time to look deeper into the factors which have brought it about. Thus there is evolution of this new scientific approach in India that is Healing through consciousness.

Objective: To describe the pattern, incidence and the aetiology of various difficult dermatoses. To compare the observational inequity between the different groups with same drugs.

Methods: Out of total OPD patients in hospital/ clinic during 2007- 2018 in Odisha, 735 patients with dermatoses- difficult to treat were selected. All were examined clinically with data recording. Awareness was created in the subjects about the reason, cause of treatment failure by standard protocols and also the healing power within them through self consciousness. They were kept in two groups like standard protocol group and group of healing through consciousness.

Results: Most cases were with Eczema, Lichen Simplex Chronicus and Urticaria. The different treatment protocols along with drugs used were analysed and the reason of treatment failure were sorted out. With the approach of healing through consciousness , most of them have remarkable improvements and mental peace was achieved during the suffering period. The Quality of life was also better as compared to other studies.

Conclusions : The inequity in patterns of both groups was due to variations in level of consciousness, environmental factors, literacy level, racial and cultural factors. The observations could be due to stress, splitting of personality and lack of awareness about the origin and level of energy flow influenced by the cosmic energy. A greater understanding of this new hope will assist dermatologists of this field in future.

