



DERMATOLOGICAL SURGERY

TEAR TROUGH WITH EYE BAGS: INJECTION OR SURGERY? CLINICAL CONSIDERATIONS AND INJECTION TECHNIQUES

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The tear trough is one of the most commonly requested areas for treatment among Asian patients, yet it is also one of the most challenging to treat via fillers. In addition to tear troughs, many patients will also present with eye bags (pseudoherniation of intraorbital fat), which significantly complicates treatment, especially with minimal-invasive approaches.

Several factors contribute to the formation of eye bags, including tear troughs, laxity of the orbicularis oculi muscle and lower eyelid skin, and lack of support from the maxilla and deep cheek fat pads. While severe cases often require surgical intervention, minimal-invasive procedures are commonly requested as well.

In this presentation, I will focus on evaluation of the tear trough, considerations between surgery and injection, and simulate possible results achievable through filler injection. I will also discuss a guide for treating tear troughs and eyebags with injectables.

