



ATOPIC ECZEMA/DERMATITIS

BACKING SYNDROME

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Background: “Backing syndrome” This is a pruritic polymorphic scaly eruption mostly seen at the upper spine, shoulder and chest of breastfed babies, which we found to be a form of contact dermatitis following the cultural backing of babies (putting a baby on mother's/caregiver's back) in most part of sub-Saharan Africa and Asia. To the best of my knowledge this case has never being documented in both local or international media, however not denying the fact of possible patients visits with same or similar case to either general practitioner or a dermatologist especially those practicing in the tropics hence decided to give it a name.

Herein the basic understanding and presentations of backing syndrome with practical approach to the dermatologist including some practical clinical cases and personal experiences is shared

Key words: backing syndrome, contact dermatitis

