



AESTHETIC AND COSMETIC DERMATOLOGY (LASERS SEPARATE CATEGORY)

THREAD LIFT NEW TECHNIQUES FOR NECK TIGHTENING AND DOUBLE CHIN REMOVAL

Nora Ariyati Ariyati⁽¹⁾

Aurell Skin Care Clinics, Dermatology, Malang - East Java, Indonesia⁽¹⁾

Background: Sagging skin and wrinkles are one of characteristics of aging skin, it includes facial and neck skin. There are several procedures for tightening sagging skin on the neck or firming the contour of double chin. Today's non-surgical procedure is favoured over surgical procedures that are sometimes terrifying for some patients. These procedures include using tools such as ultrasound (HIFU), radiofrequency, cryolipolysis, botox injection, fillers, etc.

Observation: We got 2 cases of women who complained about their facial aging and saging skin. We used double needle absorbable threads containing polylactic acid and carpolactone to treat the complaint. A woman with turkey neck and the one with asymmetrical cheeks along with excess fat on the neck. Two different techniques were applied to their left and right necks. The right neck used a letter V pattern technique; and for the left neck used a letter U pattern. The outcomes showed clinical improvement, whereas the double chin is much reduced, the jawline looks firmer, and the neck skin looks tighter. The technique using the letter U pattern produces better results than the letter V pattern, where the neck skin looks tighter, the double chin is almost invisible, and the jawline is firmer as well.

Key message: The double needle threadlifting with a new technique can be considered as one of the modalities to overcome aging in saging neck skin and double chin.

