



AESTHETIC AND COSMETIC DERMATOLOGY (LASERS SEPARATE CATEGORY)

MEDICAL CODES: RESTRUCTURING AND FACIAL HARMONIZATION WITH USE OF HYALURONIC ACID BASED FILLERS

Otavio Roberti Macedo⁽¹⁾ - Bruno Lages⁽¹⁾ - Crislaine Lima⁽¹⁾ - Paula Rahal⁽¹⁾ - Karine Cade⁽¹⁾ - Marisa Fujimura⁽¹⁾

Clinica Dr. Otavio Macedo & Associados, Dermatologia, Sao Paulo, Brazil⁽¹⁾

Background: A new technique for filling with hyaluronic acid at strategic points of the face has recently been proposed. It's the Medical Codes (MD Codes), created by the Brazilian dermatologist Mauricio de Maio. The idea is not to fill the wrinkles and furrows themselves, but to restore and position the tissues, with consequent improvement of lines and furrows and a more harmonious and natural. The objective of this work is to demonstrate the excellent results of the reproduction of this technique in a particular dermatological clinic in the city of São Paulo.

Observation: Twenty-two patients were treated, 13 females and 9 males, 30-65 years old. 3-5 ml of hyaluronic acid per session were used and the choice of product being based on skin type and application site. The points applied generally comprised CK1, CK2, CK3, Jw1, Jw2, Jw3 and Jw4. In Ck1-Ck3 were applied from 0.1-0.3mls per point. In Jw1 to Jw4 they were applied from 0.2 to 0.5 ml per point.

Even with 3 mls, when placed in strategic points mapped, it was possible to note improvement of the facial contour, with smoothing of the nasolabial and nasojugal grooves, and a visible lifting effect. No adverse effects were reported except herpes labialis in one patient. The procedure was done with local anesthetic and the treatment time was around 60 minutes. The duration has so far been greater than one year (follow-up time).

Key message: MD Codes is a fast, safe, easy-to-reproduce technique, as long as you master the region's anatomy and the aging process. The result is much more natural with MD Codes® when compared to just filling wrinkles and grooves. It provides patients with repositioning of tissues, restoring lost structures over the years and returning a youthful appearance. It has no downtime and the result is immediate.

