



AESTHETIC AND COSMETIC DERMATOLOGY (LASERS SEPARATE CATEGORY)

## COMBINED APPROACH TOWARDS NON SURGICAL FACELIFT

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Introduction/ Background: With the range of current technologies and procedures available, people don't want to, or more importantly, don't have to, go under the knife  
Combination of non-surgical procedures can be done achieve a natural looking facelift without surgery

OBSERVATION: Spectrum of procedures for non surgical facelift includes

Chemical Rejuvenation

Photorejuvenation

Thermal Rejuvenation

Platelet rich Plasma therapy

Laser Resurfacing

HIFU

Botulinum Toxin

Fillers

Threads

Key message: Combination therapies is the mainstay towards non surgical facelift

Three main Rs: Relax, Refill and Resurface

Combination of Fillers, Botulinum Toxin and Threads is superior and frequently used

Gives a 3-D approach towards ageing face

Use of Peels, Lasers ,Lights and RF helps in effective resurfacing

A systematic approach should be adopted based on the patients needs

