



AESTHETIC AND COSMETIC DERMATOLOGY (LASERS SEPARATE CATEGORY)

1.CHEMICAL PEELS FOR NON-AESTHETIC INDICATIONS

Dr Asha Doshi⁽¹⁾

Fina The Fine Touch Skin And Hair Clinic, Cosmetic Dermatologist, Vile Parle Mumbai, India⁽¹⁾

BACKGROUND: MANY NONAESTHETIC DERMATOLOGICAL CONDITIONS ARE AT TIMES DIFFICULT TO TREAT WITH ONLY ORAL AND TOPICAL MEDICATIONS. LASER TREATMENT IS NOT PRACTICAL IN ALL CONDITIONS AS IT REQUIRES MORE SITTINGS AND CAN BE ECONOMICALLY CHALLENGING .

OBJECTIVE: THE PURPOSE OF THIS ARTICLE IS TO HIGHLIGHT THAT CHEMICAL PEELS STILL HOLD THEIR PLACE FIRMLY AS THE MOST WIDELY CONDUCTED PROCEDURE IN OUR PRACTICE NOT ONLY IN AESTHETIC BUT ALSO NON-AESTHETIC MEDICAL INDICATIONS.

METHOD: GENERALLY PEELS ARE MEANT TO TREAT ACNE , COMMON PIGMENTARY CONDITIONS LIKE MELASMA, FINE LINES AND PHOTOAGEING. HOWEVER VARIOUS OTHER MEDICAL INDICATIONS LIKE MACULAR AMYLOIDOSIS, KERATOSIS PILARIS , ACANTHOSIS NIGRICANS, SYRINGOMAS, MOLLUSCUM CONTAGIOSUM, STRETCH MARKS, DPNS, FRICTIONAL MELANOSIS , PIH, LPP, XANTHELESMAS, SCARS CAN ALSO BE TREATED EFFECTIVELY AND ECONOMICALLY WITH CHEMICAL PEELS .

RESULTS: THE SELECTION AND THE OUTCOME OF THE PEELS IN THIS CONDITION DEPENDS ON THE LEVEL OF PATHOLOGY

CONCLUSION: THE CHEMICAL PEELS GAVE BETTER AND FASTER RESULTS IN RESOLVING THE ABOVE MENTIONED MEDICAL INDICATION OF SKIN DISORDERS.

