



NAIL DISORDERS

UPDATE ON ONYCHOMYCOSIS

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Onychomycosis is a common and vexing problem. Treatment options include oral medications (terbinafine, itraconazole, fluconazole), topical antifungal medications (amorolfine or ciclopirox lacquer, efinaconazole or tavaborale solution) and devices. There are pros and cons for each therapeutic modality so treatment decisions are often based upon patient preference, severity of disease, availability, duration and cost of therapy. Recurrence of infection is not uncommon so long term strategies to prevent reinfection should also be implemented.

