



QUALITY OF LIFE, QUALITY OF CARE, AND PATIENT SAFETY

THE PREVALENCE OF SKIN DISEASES AND LIFESTYLE OF DIABETIC PATIENTS .AN ONE-YEAR STUDY

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Diabetes as an illness which is often associated with other pathologies has an important burden on morbidity and mortality. The most important diseases that overlap diabetes, apart from cardiovascular and cerebrovascular diseases, the cutaneous pathologies are the ones that cause a number of diseases of bacterial and mycotics origin and are negatively affected by the level of consumption of tobacco, alcohol, herbal and animal fats. In Diabetics population, the skin is a gateway to various infectious agents, increasing the risk of a variety of complications in these patients. Therefore, it is important to recognize the prevalence of these disorders, their types and the risk factors that they affect. It is very important to know the prevalence of these disorders in order to improve the management of diabetic patients in Albania and their quality of life. The prevalence of skin diseases does not differ significantly on the status of smoking and alcohol consumption in our study, but it was significantly higher among diabetics who consumed mainly fats of the herbal and animal type. On the other hand, there is a positive correlation between the prevalence of skin diseases and the BMI of diabetic patients in our study. The morbid obesity increases the chances by 7,38 times compared to diabetic patients with normal weight also increasing the incidence of skin infections.

