



PSYCHODERMATOLOGY

PSORIASIS AND MOOD DISORDERS. WHAT INSTRUMENT CAN WE USE “TO CHECK”?

V Tengattini⁽¹⁾ - F Filippi⁽²⁾ - L Sacchelli⁽¹⁾ - M Magnano⁽¹⁾ - C Loi⁽³⁾ - A Patrizi⁽³⁾ - F Bardazzi⁽³⁾

University Of Bologna, S. Orsola-malpighi Hospital, Department Of Experimental, Diagnostic And Specialty Medicine, Division Of Dermatology,, Bologna, Italy⁽¹⁾ - University Of Bologna, S. Orsola-malpighi Hospital, Department Of Experimental, Diagnostic And Specialty Medicine, Division Of Dermatology,, Bologn, Italy⁽²⁾ - University Of Bologna, S. Orsola-malpighi Hospital, Department Of Experimental, Diagnostic And Specialty Medicine, Division Of Dermatology, Bologna, Italy⁽³⁾

Introduction: Psoriasis is frequently associated with depression and anxiety. However, a standardized method for patients to be screened for depression and anxiety has not yet been established.

Objective: To determine the best instrument (among validated ones) for dermatologist to identify mood disorders in psoriatic patients.

Material and methods: We asked 400 psoriatic patients (under no psychiatric therapy and without diagnosed mood disorders) to fill in the questionnaires related to mood disorders selected among those most common in the literature: 16-Item Quick Inventory of Depressive Symptomatology (QIDS-SR16); 7- item Generalized Anxiety Scal (GAD-7), Hospital Anxiety and Depression Scale (HADS), Beck Anxiety Inventory (BAI), Beck Depression Inventory (BDI). Patients then filled out a satisfaction questionnaire related to the previous questionnaires (range 0-5).

Results: 19% of patients did not complete the questionnaires correctly (72.7% QIDS-SR16, 22.7% BDI, 2.2% HADS, 2.2% BAI). The HADS questionnaire received an overall appreciation value compared to the other questionnaires (4.4 comprehension /compilation, 4.1 compilation time, 4.6 completeness). The BDI questionnaire received the overall lowest rating (1.4 understanding / compilation, 2.1 compilation time, 3.6 completeness).

Conclusion:

In patients with psoriasis, the HADS questionnaire was superior to the others in terms of correct submissions and completeness of the variables explored (anxiety and depression).

