



PSORIASIS

PUSTULAR PSORIASIS

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Introduction : Pustular psoriasis is a serious and rare form of psoriasis. It can bring into play the functional and vital prognosis. The main difficulty of pustular psoriasis is of a therapeutic nature.

The objective of this study is to analyze the epidemiological, clinical and therapeutic characteristics of this severe form of psoriasis.

Material and methods : This is a retrospective study spanning a period of 4 years from January 2014 to December 2017, involving 12 cases of pustular psoriasis collected in the dermatology department at CHU Hassan II of FES.

Results : The age of our patients ranged from 9 to 66 years with an average age of 38 years. We noted a male predominance (7 men, 5 women). Nine patients were known psoriatic. Pustular psoriasis was inaugural in 33% of cases. A triggering factor was found in 3 cases divided as follows: two cases of otitis, and one case of pregnancy, one case of urinary infection. The form of generalized pustular psoriasis was acute erythrodermal in 8 cases, one case of pustular and arthropathic psoriasis, and two cases of acrodermatitis of Hallopeau. Cutaneous biopsy was performed in 8 cases, and the appearance was typical in 6 cases. A microbiological sampling was carried out during the follow-up in all our patients, it allowed the diagnosis of a bacterial superinfection in all the cases, as well as the herpes superinfection in 6 cases. All patients received topical corticosteroids and emollients. Antibiotic therapy has been instituted in case of superinfection. A background treatment consisted of retinoids (10 cases), methotrexate (2 cases). The evolution was good in 8 cases with whitening lesions. We noted 4 cases of relapse.

Conclusion : Le psoriasis pustuleux est une forme grave de psoriasis, nécessitant une prise en charge hospitalière dans sa forme diffuse

