



PSORIASIS

PSORIASIS VULGARIS IN HIV PATIENTS

Ela Treko⁽¹⁾ - Migena Vargu⁽¹⁾ - Ermira Vasili⁽¹⁾

Mother Teresa University Hospital, Dermatology And Venerology, Tirana, Albania⁽¹⁾

Introduction: Psoriasis Vulgaris is a chronic inflammatory disease of the skin that is characterized by the proliferation of the keratinocytes. Psoriasis can present as a cutaneous manifestation of patients affected by the immunodeficiency virus infection and can potentially provide clinical evidence regarding the progression of the infection.

Case report: A 44 years old male was admitted to the Dermatology Clinic in May with scaly erythematous plaques affecting the body, the extremities and the scalp, without familiar history and with nail hyperkeratosis with mycotic superinfection. The patient refers that the first cutaneous elements appeared six months earlier, in scalp at the beginning and despite of the treatment there was no improvement. The patient was released after taking treatment and came back 2 months later with exacerbation of the cutaneous elements, affecting almost all the body and extremities, having a more violaceous color. Considering the clinical manifestations and the resistance to the treatment, a HIV test was performed which resulted positive. The patient was consulted by an infectionist and was released with topical treatment by the dermatologist.

Discussion and conclusion: Psoriasis Vulgaris in patients with the immunodeficiency virus presents in a severe form, with prolonged clinical course, frequent exacerbations and resistant to the treatment. In patients representing the above mentioned clinic a HIV infection should be suspected and an immunodeficiency test should be done. The treatment of Psoriasis Vulgaris considering the pathological mechanism of the disease itself represents a challenge.

