A holistic approach to psoriasis treatment is needed with particular reference to psychosocial disability and quality-of-life issues. An evidence-based approach is essential in defining differences between available treatments. Old-fashioned approaches, especially combinational ones, are routinely used by some clinicians, with inadequate prospective or comparative evidence. Treatments currently available are: topical agents and systemic agents. This includes new injectable biological agents, which have transformed the management of severe psoriasis. This lecture spots the light on debatable issues and recent studies which focuses on innovative treatments with the aim of maintaining safe and long-term effect.