



PIGMENTATION

MELASMA TREATMENT – 15 YEAR EXPERIENCE OF WHAT REALLY WORKS IN PIGMENTED SKIN TYPES.

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Melasma is one of the commonest reasons for a dermatological consultation in an Asian Dermatology practice and yet, most doctors and patients are not satisfied with the results with currently available treatment. In addition, latest techniques like lasers have not been found to give acceptable results in pigmented skin types for melasma. Melasma can challenge the skills of the best of skin physicians. Ideally it needs a combined approach. It will be shown how over a 15 year time period though the treatment modalities have remained largely limited, but a combination of newer formulations and the use of age old procedures like chemical peeling can be used optimally to give satisfactory results.

