



PIGMENTATION

## MANAGEMENT OF FACIAL MELANOSIS (OTHER THAN MELASMA ) IN SKIN OF COLOR

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**Background:** Facial melanosis is one of the most common clinical presentation in skin of color . It has major psychological impact on a person: personally, mentally, and socially. Though our different textbook mentions various classifications, the clinical patterns we see in our practice do not completely fit into the described entities. There is considerable overlap in features amongst the clinical entities.

**Observation:** Treatment of facial melanosis has been challenging and discouraging. There are lot of factors contributing or attributing to facial melanosis hence through understanding of aetiology and management strategies is important. Apart from removal of aggravating factors , strict photo protection and systemic treatment , Multidisciplinary approach like counselling , Different camouflage techniques and Procedural management (like chemical peels , q switch and fractional laser ) is needed to give best and satisfactory treatment to patients .

**Key message:** It's not A Treatment but usually A Combination of Treatments that works the Best in Treating facial Melanosis . Combination Treatment like systemic treatment with procedural management is the key for successful Management and it also reduces the risks of complications.

