



PHOTOTHERAPY, PHOTODYNAMIC THERAPY

TURBAN PUVA FOR THE TREATMENT OF ALOPECIA TOTALIS

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Background: Alopecia totalis makes patients live in agony throughout their life as they try many treatment and fail miserably. I report two patients with alopecia totalis treated with turban puva (exposure to uvA in photherapy chambers.)

Observation: In the first patient complete regrowth was noted after 1year of treatment. She had been previously treated with minoxidil and steroids without any benefit. Second patient regained about 50% of hair within 1 year.

Key Message: Even though turban Puva is an easy technique to carry out we usually ignore it and run behind steroids and minoxidil. The Effectiveness of turban Puva is rarely reported hence I report these cases.

