



LASERS

## ENDOLIFT LASER, THE “LUNCH-TIME” LIFTING FOR THE FACE, NECK AND BODY

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**Introduction:** Lasers and others energy based devices have reached, nowadays, very high levels of results. Endolift Laser represents one of the most safe and effective techniques.

**Objective:** To evaluate the results after 14 years of Endolift Laser technique for the “soft” rejuvenation of the face, neck and body, using a very thin optical fibre connected to an Italian 1470nm diode laser.

**Materials and Methods:** A 200-300 micron of a second generation fiber is used for the face and the neck; a 300-400-600 micron fiber is used for the body. The areas treated are mainly: inner arms, hands, décolleté, abdomen, inner thighs, buttocks, knees and ankles. The fiber is easily inserted, without any incisions under the skin, directly in the superficial hypo-derma. No anesthesia is required, but the use of a cooling system is recommended. After treatment the patients can return promptly to their normal life.

**Results:** The areas of skin laxity of the face, neck and body, can benefit from the possibility that the Endolift Laser could retract the skin and remodel the derma, activate the collagen production, and stimulate the neo-angiogenesis. In a survey we recently published, over more than 5000 treatments, 85% of patients are satisfied about the result, as well as the 100% of the interviewed doctors.

**Conclusions:** Endolift laser can be considered nowadays as one of the the best non-surgical treatment for the skin laxity of the face, neck and body.

