



INFLAMMATORY SKIN DISEASES (OTHER THAN ATOPIC DERMATITIS & PSORIASIS)

## JESSNER LYMPHOCYTIC INFILTRATION OF SKIN- A CASE REPORT

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**Background:** Jessner and Kanof described this entity which is poorly understood and the existence has been questioned. It is now considered as a variant of several diseases like discoid lupus erythematosus and lupus erythematosus tumidus. The lesions are commonly asymptomatic with occasional burning and pruritus.

**Observation:** We report a 28 year old male who presented with asymptomatic erythematous mild scaly plaques and nodules over the right half of the face of 2 months duration. There was no evidence of photosensitivity and sensory deficit. Histopathological examination revealed lymphocytic infiltrate in the upper dermis in a grouped fashion and thus the diagnosis of Jessner lymphocytic infiltration of the skin was confirmed. Patient was started on minocycline which showed no improvement but subsequently the lesions resolved with oral isotretinoin. Our patient's presentation with asymptomatic reddish plaques and nodules with a background of classical histopathology confirmed the diagnosis. However we considered other entities like DLE, PLE, lupus erythematosus tumidus and lymphomas. There was only one report of satisfactory resolution with etretinate. Hence we considered this rare entity which resolved with isotretinoin is worth presenting.

**Keymessage:** Jessner's lymphocytic infiltration of skin is a condition of unknown aetiology characterized by erythematous papules and plaques on head, neck and upper back was successfully treated isotretinoin.

