



INFLAMMATORY SKIN DISEASES (OTHER THAN ATOPIC DERMATITIS & PSORIASIS)

BEHCET'S DISEASE IN FILIPINO MALES: A REPORT OF 2 CASES

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Background: Behcet's disease (BD) is an autoinflammatory disease which presents with recurrent aphthous ulcers, papulo-pustular lesions, vasculitis, with or without accompanying genital and ocular involvement at the time of diagnosis. Most cases have been reported in populations between the latitudes 30 & 45 (North Asia and Europe) which might suggest environmental factors in the causality of BD.

Observation: We report 2 cases of Filipino men aged 27 and 47 both presenting with recurrent aphthous ulcers, acneiform eruptions, and purpura on both lower extremities. Both patients were diagnosed with Behcet's disease based on clinical manifestations and after thorough laboratory investigation. Both subjects were treated with combination therapy using oral corticosteroids and methotrexate which resulted in marked improvement of aphthous ulcers, vasculitis and acneiform lesions.

Conclusion: Behcet's disease presents with constellation of symptoms. Since it's rarely encountered and often misdiagnosed in our country, a need to collect and evaluate more cases to establish the most common clinical manifestations is necessary to recommend appropriate management.

