



HYPERHIDROSIS

RED CHROMHIDROSIS CURED SUCCESSFULLY BY TRADITIONAL CHINESE MEDICINE

Xiao Yueyuan⁽¹⁾ - Wang Gang⁽¹⁾

Xijing Hospital, Dermatology, Xi'an, China⁽¹⁾

Background: Chromhidrosis is a rare dermatologic disorder characterized by secretion of colored sweat with a predilection for the face and the axillary areas. The pathophysiology is clear that attributed the coloration to lipofuscin granules in the apocrine glands or other common skin parts since as lipofuscin is not exclusive to the apocrine glands. Chromhidrosis can be separated apocrine chromhidrosis and eccrine chromhidrosis according to the different sweat locations. The etiology and precipitating factors for lipofuscin granules accumulation is unknown yet. Treatment of chromhidrosis is challenging in that the condition usually recurs after discontinuation of therapy. The improvement of symptoms is dependent on the age-related regression of the sweat glands. Traditional Chinese Medicine (TCM) has a significant advantage in the treatment of chromhidrosis, especially eccrine chromhidrosis.

Observation: We reports a case of red eccrine chromhidrosis cured successfully by TCM. We observed that pseudochromhidrosis can be separated from the cause of the disease. chromhidrosis is related to individual difference. In the treatment of dysentery reported in traditional Chinese medicine literature, it is common to see Weiqi not solid, qi deficiency, spleen deficiency and wetness, liver and kidney yin deficiency syndrome, etc., and each treatment has a corresponding prescription. The majority of patients with chromhidrosis syndrome are young people. The patient in this case is a 23-year-old male. We treated him according to his syndrome of liver and kidney yin deficiency. Finally, he recovered in two weeks.

Key message: The application of Chinese traditional therapy in Chromhidrosis has been recorded such as Yinchen Wuqi powder, Guizhi keel oyster soup, Fangji-Huangqi soup, etc even from the historical document. This patient applied firstly with Yinchen Wuling powder, followed with the Zhibai Dihuang Decoction. The further return visit without recurrence.

