



HAIR DISORDERS

TRICHOTILLOMANIA OF EYELASHES

O El Jouari⁽¹⁾ - G Senhaji⁽¹⁾ - A Lamouafeq⁽¹⁾ - S Elloudi⁽¹⁾ - H Baybay⁽¹⁾ - Fz Mernissi⁽¹⁾

University Hospital Hassan II, Department Of Dermatology, Fez, Morocco⁽¹⁾

Background: Trichotillomania or "hair pulling" is a disorder that gives the person an uncontrollable urge to repeatedly pull hair, eyelashes, eyebrows, nose hair, or other body hair. Causing overt alopecia on the affected part of the body. The treatment is generally based on the combination of antidepressants (Comipramine, Sertraline, Antidepressants) and cognitive-behavioral psychotherapy. We report the new case of isolated trichotillomania of the eyelashes.

Observation: This was an 11-year-old patient, with no significant pathological history who presented after a failure in school eyelash loss of the left eye for 6 months, without other locations or associated signs. The clinical examination found a depilation of the outer half of the eyelashes of the left eye, the dermoscopy objectified hair regrowth, blackheads, broken hair in favor of trichotillomania. She was right handed. The treatment consisted of an awareness of the patient and the entourage with a cognitive psychotherapy.

Key message: Trichotillomania is an increasingly common disorder, causing overt alopecia on the affected part of the body. Isolated involvement of the eyelashes is rare, the sign of negative traction and the dermoscopy guide the diagnosis and eliminate alopecia areata. A cognitive psychotherapy is necessary.

