



GLOBAL SKIN HEALTH

## THE FEELING OF FRAGILIZED SKIN EXISTS; THIS MUST BE TAKEN INTO ACCOUNT!

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**Rational:** The skin is the largest organ of the body, providing a protective barrier against bacteria, chemicals, and physical aggressions while maintaining the homeostasis in the internal environment.

The dermatologists talk about the "alteration of the skin barrier", on the contrary people refer to the "fragilized skin ". In the same way, the first one talks about 'pruritus', whereas the second one refers to "scratching".

**Objective:** The objective of this study was to evaluate the feeling of "fragilized skin" perceived by the French adult population and to describe, according to them, the cause of this feeling.

**Methodology:** According to the quota method, a representative sample of 5000 French people was used for the study.

The main question of the study was "In your opinion, do you have a "fragilized skin"? If the answer was "yes", the main cause of this situation, according to them, was also asked.

**Results:** 33% of the sample positively answered to the question (27, 2% of men & 40% of women).

Young French people report having fragilized skin more than old ones: 37% among the under 24 years old and 28% among the over 65 years old.

38% of them reported the stress as the main cause of the fragilized skin [33% of men vs 44% of women].

36% of the sample reported the climatic factors as responsible and the pollution was declared by 35% of them.

23% of them declared the lack of sleep as responsible. The food is indicated by 16% of French people. The smoking and the skin diseases are both indicated by 13% of French people with the fragilized skin.

**Conclusion:** One-third of French people reported having the fragilized skin. This prevalence is enough important, so it is worthy to be taken into account.

