



DERMATOLOGICAL SURGERY

## LIPOSUCTION IN WOMEN

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Increasing number of Women have been seeking liposuction. This is both due to increasing awareness, increasing obesity, and also due to changing dress sense.

Abdomen, buttocks, thighs, arms are the common areas sought by women. Less common areas include chin, medial thighs, medial arms, above knee and above elbow, and breasts.

Women need special considerations such as

1. Timing of surgery to suit the needs of family, children, menstrual cycle etc
  2. Multiple sessions are needed for different areas
  3. Considerations of breast feeding while performing liposuction for large breasts
  4. Management of underlying conditions such as PCOD
  5. Heightened pain sensitivity and management of anxiety in some anxious women
  6. Emotional issues arising out of obesity
  7. Management of associated problems such as loose skin, stretch marks, etc
  8. Breakthrough menstrual bleeding which may occur after liposuction in some women
  9. In Indian women, who are traditionally shy, liposuction on thighs and buttocks by a male surgeon is an issue, as local anesthesia is used and patient is conscious.
  10. We have observed that in women with PCOS, liposuction can facilitate further loss of weight and lead to improvement in the underlying condition
- These issues will be discussed in detail during the lecture.

