



DERMATOLOGICAL SURGERY

LIPOSUCTION IN DIFFICULT AREAS

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Liposuction is becoming increasingly popular and patients are seeking the procedure in different areas. While abdomen, thighs, arms, breasts are the usual indications, certain areas present special challenges. This talk will discuss these challenges.

Challenging areas include:

1. Male Breasts
2. Female breasts
3. Upper abdomen
4. Upper flanks, back particularly in men
5. Medial thighs
6. Around umbilicus
7. Chin
8. Medial arms

These areas need special techniques to meet the challenges of anatomy (chin, medial thigh, medial arms), presence of tough fibrous tissue (flanks), tight areas with limited space (upper abdomen), presence of glandular and fibrous tissue (breasts), requirements of future breast feeding (female breasts) etc. Using additional supplementary anaesthesia, using smaller cannulae, use of special cannulae, using laser, manual extraction of glandular tissue are some of the techniques which can be used to meet these challenges.

This talk will outline these strategies.

