



DERMATOLOGICAL SURGERY

AN IMPROVED BRAZILIAN BUTT LIFT

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Interest for this procedure has grown up along the last years. In few words, it consists in transfer fat from areas in which it is hypertrophic towards other ones in which its injection could enhance the appearance of the buttocks. However, gluteus embellishment encompasses not only the gluteus themselves but the surrounding structures, namely waist, trochanteric areas and proximal lower limbs. In our modified technique, and trying not only to get nice but longer lasting results, we begin preparing adipose stem cells in those areas chosen to be aspirated, mostly abdomen, waist and gluteus surrounding those structures. We take care avoiding sharp instruments, and keeping in mind that adipocytes are very labile cells, we avoid fat centrifugation, separating it only through very gentle decantation. Aspiration is made using 20 cc syringes (never machine) and fat injection through blunt tipped infusors. Finally, gluteal lifting is performed with Bulgarian needles and threads. As local anesthesia we use Klein solution supplemented by IV sedation. The procedure is fully ambulatory. On avg we inject from 150 to 450 cc of fat per side and per session.

