RFNA: WHAT, HOW AND WHY

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OBJECTIVES: The aim of the work is to provide to all those who use the RFNA objective data, based on scientific data and on the physics behind this method in order to understand how the method of delivery, the frequency and power can interact with tissues in a different way and determine the modifications used to obtain the desired therapeutic effects.

Materials and Methods: We considered the scientific data on the physics of electromagnetic waves and how these interact with tissues modified were also evaluated all published scientific data on the use of RFNA in aesthetic medicine.

Results: It has been estimated that the interaction of electromagnetic waves and thus of the RFNA with the tissues varies depending on the mode of delivery, the variation of the frequency and time of dispensing.

Conclusions: The RFNA is a methodical modern, safe, efficient, versatile, valuable support to the aesthetic doctor to counteract imperfections of the face and body. All this on the condition that they respect: method of delivery, frequency and timing of application specific to the blemish to counter.