



A new ERA for global Dermatology 10 - 15 JUNE 2019 MILAN, ITALY

AESTHETIC AND COSMETIC DERMATOLOGY (LASERS SEPARATE CATEGORY)

## LIP FILLERS : DIFFICULT PROCEDURE MADE EASY

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BACKGROUND: Lip fillers are one of the most popular procedure nowadays in a cosmetic practice. With more and more patients becoming aware of fillers as well as their looks, there is an increasing demand for it. Clients walk in asking for lip fillers more easily than ever before. Despite this achieving natural looking lips is more often than not difficult.

OBSERVATION: The aim is to ensure well balanced lips which enhances their looks. The patient need to be made aware of asymmetries, imbalance, unique variabilities if any in their lips prior to the procedure. Discussion should also focus on whether the kind of look they are asking for is possible or would look good on them or not.

Though the beauty ratios need to be respected, one has to take into consideration the demand of the patient on the kind of look they want and also the shape of original lips. Post filler the patient tends to look at their lips more closely than ever before and also when they take photos/selfies at various angles . Traditional way of doing fillers in lips still holds true, though little tricks in the procedures will give the patients what they are asking for. Looking into asymmetries , anatomical variations however minor they may be will assist in improving the outcomes of the procedure.

KEY MESSAGE: In this presentation we would provide a comprehensive approach to a patient asking for a lip filler. How we treat them in our set up and tips to give better results will be discussed. The aim is to provide best results as per the patient demand and type of lips presented to us.



24<sup>TH</sup> WORLD CONGRESS OF DERMATOLOGY MILAN 2019



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