



AESTHETIC AND COSMETIC DERMATOLOGY (LASERS SEPARATE CATEGORY)

## DERMAL FILLERS- A PROMISING TOOL IN AESTHETICS

*Dr Aditi Singh<sup>(1)</sup>*

*Kaya Skin Clinic, Kaya Limited, New Delhi, India<sup>(1)</sup>*

**BACKGROUND:** Dermal fillers are a current rage amongst both, the young and the aging these days. They have long surpassed the purview of “anti-aging” and are increasingly being used in people to improve their appearances by soft-tissue augmentation and non-surgical facial contouring. I present a case series of 10 patients, of different age groups, whom I injected with hyaluronic acid fillers for facial rejuvenation.

**OBSERVATION:** Indications in each case were different and so also, the concerns. The filler injections beautifully lifted the sagging cheeks in some, while causing a considerable improvement in perioral and periorbital areas. Also, every case presented a different challenge due to the unique facial anatomy of the patient. I encountered post-procedure complications such as bruising, pain and swelling in 3 of the cases.

**KEY MESSAGE:** Dermal filler injections, if done correctly with appropriate patient selection, are a very important tool in the armamentarium of a dermatologist/aesthetician. Bruising and post-procedure pain are common complications and must be explained well to the patient. Appropriate and accurate pre- and post-procedure photography and documentation are mandatory.

