CHEMICAL PEELS IN ETHNIC SKIN: WHICH PEELS SHOULD I USE AND WHEN…..

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Background: Today Cosmetic Dermatology is the call of the day and Chemical peel is the main foundation. Today Market is flooded with so many different chemical agents but the challenge is how to select best chemical peel for the patient.

Objective: The purpose of this article is to review different factors which optimise the results of chemical peel in our patients.

Methods: Different Factors like Patient selection, priming and use of sunscreens, newer peels, Newer techniques and combining peels with other office procedures help to optimise results in our patients.

Results: It is the most cost effective, safe Treatment with minimal complications. Combination peels in lower concentrations are safer and efficacious when repeated over a period of time. Enhance outcomes by combining various procedures.

Conclusion: Even in todays era of lasers, light and energy sources, the proven safety and efficacy of chemical peel has secured their position in the armamentarium of cosmetic dermatologist.