BEYOND SURGERY: A NON-INVASIVE APPROACH TO TIGHTEN FACIAL SKIN THROUGH COMBINATION THERAPIES + ELIMINATE VARIABLE RESULTS, COMPLICATIONS AND FAILURE OF SKIN RESURFACING

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BACKGROUND: Skin resurfacing (peels, lasers) lacks standards that must be followed to insure successful treatment and safety such as:
- Assessing skin quality, level of natural skin hydration and skin suitability for a given procedure (skin type)
- Determining the right depth of procedure by observing a well-defined depth sign in order to select the right depth for each skin type, and to monitor skin’s natural texture and color.

OBJECTIVES:
- Discussing skin conditioning, to prepare skin and manage skin before and after procedure using topical agents.
- Selecting procedures that provide a specific objective (tightening, abrading/leveling or both) to improve skin texture or correct laxity, wrinkles, dermal pigmentation, scars and sun damage.
- Identifying a safe depth in all skin types and reaching such a depth by observing newly identified depth signs.

MATERIALS & METHODS:
- Presenting practical skin classification suitable for treatment & procedures
- Topical agents needed to prevent and manage skin to accelerate healing and reduce complications.
- Anatomical correlation of safe depth
- The influence of anatomical depth on the outcome (tightening, leveling, textural repair)

RESULTS: By following the objectives, the physician will achieve:
- A safer procedure, successful results and less complications
- The ability to treat all skin types including ethnic skin.
CONCLUSION: Successful results can be achieved universally by anyone who follows the objectives of this presentation; the knowledge obtained can be implemented in his or her practice to help patients achieve the best results.