Non-surgical face-lifting approach is becoming a common aesthetic procedure that is highly recommended by many doctors worldwide. This includes oral surgeons, general surgeons and dermatologists. The level of expertise, successful treatment and patient satisfaction level is highly dependent on adequate training, face anatomy knowledge and basic surgical skills. There are numerous types of face-lifting techniques; The 8-point lifting approach is considered one of the simplest techniques which gives best results whilst minimizing possible side effects. The 8-point lifting approach promotes a lifting effect in individual who seek to accentuate certain facial features. This lecture will spot the light on the holistic approach to 8-point lifting assessment, technique and after care.