



A new ERA for global Dermatology 10 - 15 JUNE 2019 MILAN, ITALY

ACNE, ROSACEA, AND RELATED DISORDERS (INCLUDING HIDRADENITIS SUPPURATIVA)

THERAPEUTIC MANAGEMENT OF 1428 SUBJECTS SUFFERING FROM HIDRADENITIS SUPPURATIVA: EPIVER STUDY

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Introduction: Epiver is a French multicenter study and one of the largest series of patients with Hidradenitis Suppurativa (HS) diagnosed by experts.

Objective: As part of a French network that studies HS (RésoVerneuil) we wanted to characterize the management of our patients with HS.

Material and methods: From March 2016 to December 2017 ResoVerneuil members anonymously recorded data on treatment. It was a collection of spontaneous statements of patients.

Results: Antibiotic therapy was performed in 76.75% patients: multiple courses of treatment (49.37%), monotherapy (68.77%), dual therapy (28.99%), triple therapy (4.97%). 25% of patients never benefited from antibiotic therapy and less than half had iterative treatment. Cures lasted on average 3.46 months. Surgical incisions and excisions were performed in 59.31% and in 41.6% patients, respectively. The average number of incisions was 3. The average number of excisions was 1.02. Miscellaneous therapies were: zinc (19.12%), isotretinoin (9.59%), depilatory laser (5.18%), non-conventional medecine (4.97%) and botulinum toxin (0.14%).

Conclusions: We may be surprised by the limited number of therapeutic procedures







ABSTRACT BOOK ABSTRACTS



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performed in a chronic condition such as HS. Therefore, we must consider a possible underdeclaration by the patients, an insufficient medical and surgical care, the fatigue and a feeling of helplessness of our patients and maybe of the doctors too. These hypotheses are not mutually exclusive. 40% of patients did not receive any surgical treatment, whereas surgery is the only potentially curative treatment to date.

Although the treatment of the HS is not perfectly codified, HS therapy proposals probably deserve to be more studied and widely divulgated.



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