



ACNE, ROSACEA, AND RELATED DISORDERS (INCLUDING HIDRADENITIS SUPPURATIVA)

RECREATIONAL PIMPLES

François Desruelles⁽¹⁾ - Dominique Dubois⁽²⁾

Private Office, Dermatology, Nice, France⁽¹⁾ - Private Office, Dermatology, Nice, France⁽²⁾

Background: We report a case of acneiform rash appeared 24 hours after the consumption of ecstasy.

Observation: a 22 old girl presented with a sudden acneiform rash. 24 hours ago, she had been to a rave party where she consumed ecstasy (XTC : MDMA = 3,4 methylene dioxy n-methyl amphetamine). The young women had no history of acne or rosacea and didn't take any treatment. She rapidly developed a facial acneiform rash without blackheads nor whiteheads. The lesions cleared spontaneously.

MDMA is also called the "love pill" because it heightens perceptions and sensations. Otherwise it is known to increase sweating. This serotonergic drug first appeared in the nineties and has reappeared in the last ten years with higher dosage of MDMA. Its repeated consumption could also favor panic attack, depression and cardiovascular accidents.

Microvascular changes and diaphoresis could trigger the cutaneous lesions.

Key message: Dermatologists should be aware of acneiform rash as a possible clinical expression related to the consumption of recreational drugs.

